

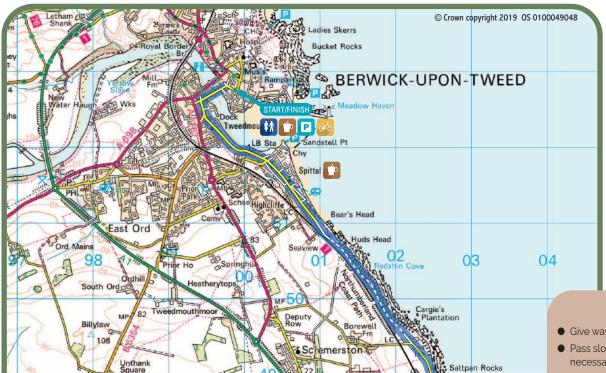
## Off to the Beach! 3.5 miles (6km) to 7 miles (11.3km)

Berwick-upon-Tweed to Cocklawburn Beach

Saltpan Rocks

Cocklawburn Beach





Starting in Berwick-upon-Tweed, the northernmost town in England, take a ride along the striking coastline of the north Northumberland coast to the beautiful Cocklawburn beach; a great place for a picnic and to search for fossils.

Start/ End point car park: Castle Gate, Parade and Quay Wall car parks. Also, Cocklawburn Beach and Spittal.

Distance: 3.5 miles one way Bike hire: yes, in Berwick

Toilets: available in Berwick

Where to eat: Berwick and Spittal

Things to look out for: geology of coastline

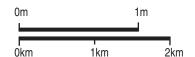
Make a day of it: Berwick Barracks, Holy Island, Ford and Etal Estate,

the Swan Leisure Centre, Berwick Town Walls More information at: www.visitberwick.com

## Cycle advice

- Give way to pedestrians, wheelchair users and horses, smile and say hi!
- Pass slow and wide, to a walking pace or stopping completely if necessary, especially when approaching or passing horse-riders.
- Ride at a speed you are comfortable with so you know you can stop easily in
- Watch out for and anticipate others at junctions, bends, entrances onto the path, or any other 'blind spots'.
- Let other trail users know you're coming; a friendly 'Hello', or ringing your bell will let people know you are there.
- If there is a dividing line separating cyclists from pedestrians, try and keep to the appropriate side.
- Put your lights on when it's dull or dark so that people know you're there.
- Always follow the countryside code.





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Cycle map: Scale 1:50 000 - 2cm to 1km - 11/4 inches to 1 mile based on Ordnance Survey 1:50 000 scale mapping.

Please note; details contained in this publication are based on the latest information available at the time of going to print. Whilst every effort has been made to ensure accuracy of information, it is regretted that no liability arising from omissions or inaccuracies, can be accented

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