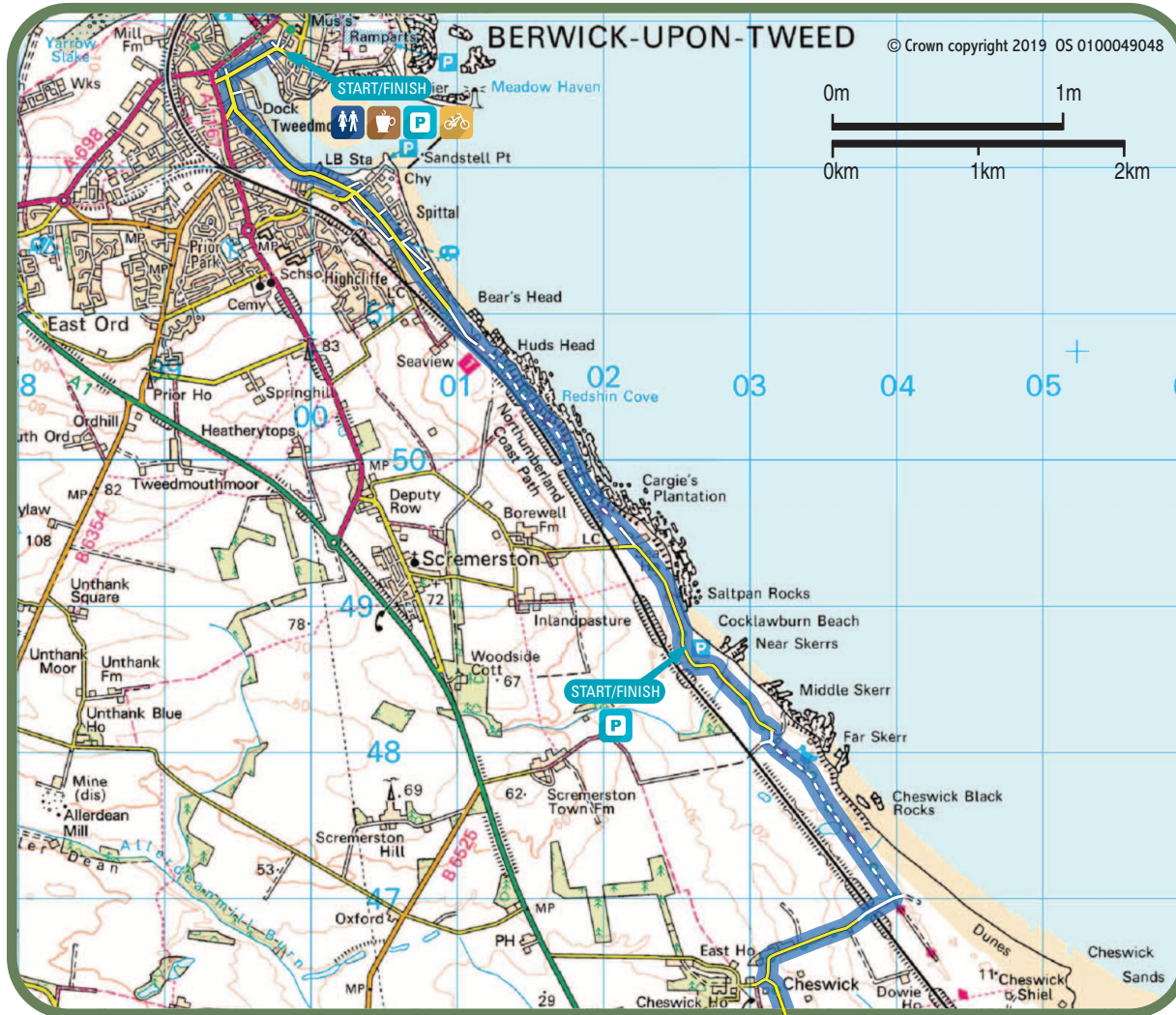


5a Island Adventure

14.5 miles (23.3km) - one way

Berwick-upon-Tweed to Holy Island (Lindisfarne)



Produced by: The Cyclepad Ltd., Design: Ian Scott Design.

Route continues next page

One of the most popular rides in Northumberland; enjoy an inspirational ride from the beautiful town of Berwick-upon-Tweed to the historic and atmospheric Holy Island or Lindisfarne.

This route has some rough track sections so is not suitable for a road bike.

Start/ End point car park: Castle Gate, Parade and Quay Wall car park, Berwick-upon-Tweed. Cocklawburn Beach and Spittal

Distance: If you don't want to ride the whole distance, shorter options are:
 Berwick-upon-Tweed to Cocklawburn Beach 3.5 miles (one way)
 Cocklawburn Beach to Holy Island Causeway 7.5 miles (one way)
 Holy Island Causeway to Holy Island village 3.5 miles (one way)

Bike hire: yes, in Berwick

Toilets: available in Berwick and on Lindisfarne

Where to eat: lots of places to eat and drink in Berwick, Spittal and on Lindisfarne itself

Things to look out for: geology of coastline, Lindisfarne Castle

Make a day of it: Berwick Barracks, Berwick Town Walls, Lindisfarne Castle, Lindisfarne Priory

More information at: www.visitberwick.com
www.visitnorthumberland.com/holy-island
www.northumberlandcoastandcountryside.org/

Holy Island is cut off twice a day from the mainland by fast moving tides.
PLEASE CHECK THE CAUSEWAY TIMES BEFORE YOU START
www.holy-island.info/lindisfarnecastle/2019

Cycle map: Scale 1:50 000 - 2cm to 1km - 1 1/4 inches to 1 mile based on Ordnance Survey 1:50 000 scale mapping.

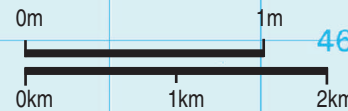
Please note: details contained in this publication are based on the latest information available at the time of going to print. Whilst every effort has been made to ensure accuracy of information, it is regretted that no liability arising from omissions or inaccuracies can be accepted.

Berwick-upon-Tweed to Holy Island (Lindisfarne)

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Cycle advice

- Give way to pedestrians, wheelchair users and horses, smile and say hi!
- Pass slow and wide, to a walking pace or stopping completely if necessary, especially when approaching or passing horse-riders.
- Ride at a speed you are comfortable with so you know you can stop easily in an emergency.
- Watch out for and anticipate others at junctions, bends, entrances onto the path, or any other 'blind spots'.
- Let other trail users know you're coming; a friendly 'Hello', or ringing your bell will let people know you are there.
- If there is a dividing line separating cyclists from pedestrians, try and keep to the appropriate side.
- Put your lights on when it's dull or dark so that people know you're there.
- Always follow the countryside code.



Cycle map: Scale 1:50 000 - 2cm to 1km - 1/4 inches to 1 mile based on Ordnance Survey 1:50 000 scale mapping.

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